Resources for the Child and Adult Care Food Program Meal Patterns

This list includes resources and websites to assist child care centers, family day care homes, emergency shelters, at-risk afterschool care centers, and adult day care centers with meeting the U.S. Department of Agriculture's (USDA) meal pattern and crediting requirements for the Child and Adult Care Food Program (CACFP). For links to information on federal and state requirements and guidance, visit the Connecticut State Department of Education's (CSDE) Program Guidance for CACFP Child Care Programs and Program Guidance for CACFP Adult Day Care Centers webpages. For additional guidance, please contact the CSDE's CACFP staff.

Child Nutrition (CN) Labels | Crediting Documentation
Fruits Component | Grains/Breads Component | Infant Meal Pattern
Meal Modifications for Special Diets | Meal Patterns | Meal Service | Menu Planning
Meat/Meat Alternates Component | Milk Component | Product Formulation Statements
Production Records | Vegetables Component | Water Availability

Child Nutrition (CN) Labels

Authorized Manufacturers and Labels (USDA):

https://www.fns.usda.gov/cnlabeling/usdausdc-authorized-labels-and-manufacturers

CN Labeling Program (USDA):

https://www.fns.usda.gov/cn/labeling-program

Food Manufacturers/Industry (USDA):

https://www.fns.usda.gov/cnlabeling/food-manufacturersindustry

USDA Memo SP 11-2015v2, CACFP 10-2015 and SFSP 13-2015: CN Labels Copied with a Watermark Acceptable Documentation:

https://www.fns.usda.gov/cn/cn-labels-copied-watermark-acceptable-documentation

USDA Memo SP 27-2015, CACFP 09-2015 and SFSP 12-2015: Administrative Review Process Regarding the Child Nutrition (CN) Label, Watermarked CN Label and Manufacturer's Product Formulation Statement:

https://www.fns.usda.gov/cn/administrative-review-process-regarding-child-nutrition-cn-label

Using Child Nutrition (CN) Labels in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Using_CN_labels_CACFP.pdf

Crediting Documentation

Accepting Processed Product Documentation in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/

Accepting_Processed_Product_Documentation_CACFP.pdf

Bite Size: Meeting the CACFP Meal Patterns for Children: Module 2: Meal Pattern Documentation (CSDE webinar)

https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-Resources#BiteSize

Crediting Commercial Processed Products in CACFP Adult Day Care Centers (Documents/Forms section of the CSDE's Crediting Foods in CACFP Adult Day Care Centers webpage): https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Adult-Day-Care-Centers/Documents#CommercialProducts

Crediting Commercial Processed Products in Child Care Programs (Documents/Forms section of the CSDE's Crediting Foods in CACFP Adult Day Care Centers webpage):

https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Child-Care-Programs/
Documents#CommercialProducts

Crediting Foods in CACFP Adult Day Care Centers (CSDE webpage): https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Adult-Day-Care-Centers

Crediting Foods in CACFP Child Care Programs (CSDE webpage): https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Child-Care-Programs

Crediting Foods Made from Scratch in Child Care Programs (CSDE webpage): https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Child-Care-Programs/Documents#ScratchFoods

Crediting Foods Made from Scratch in CACFP Adult Day Care Centers (CSDE webpage): https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Adult-Day-Care-Centers/Documents#ScratchFoods

Crediting Handbook for the Child and Adult Care Food Program (USDA): https://www.fns.usda.gov/tn/crediting-handbook-child-and-adult-care-food-program

Crediting Summary Charts for the CACFP Adult Meal Patterns (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/ Crediting_Summary_Charts_CACFP_Adults.pdf

Crediting Summary Charts for the CACFP Meal Patterns for Children (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Crediting_ Summary_Charts_CACFP.pdf

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Crediting Worksheets for CACFP Adult Day Care Centers (CSDE webpage):
   https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Adult-Day-Care-
   Centers/Documents#CreditingWorksheets
Crediting Worksheets for CACFP Child Care Programs (CSDE webpage):
   https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Child-Care-
   Programs/Documents#CreditingWorksheets
Exhibit A Grains Tool (USDA's Food Buying Guide for Child Nutrition Programs):
   https://foodbuyingguide.fns.usda.gov/ExhibitATool/Index
Food Buying Guide for Child Nutrition Programs (USDA):
   https://www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs
Food Buying Guide for Child Nutrition Programs: Training Resources (USDA):
   https://www.fns.usda.gov/tn/food-buying-guide-training-resources
Recipe Analysis Workbook (USDA's Food Buying Guide for Child Nutrition Programs):
   https://www.fns.usda.gov/tn/food-buying-guide-interactive-web-based-tool
Standardized Recipe Form for the CACFP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/
   Standardized_Recipe_Form_CACFP.docx
Standardized Recipes in CACFP Adult Day Care Centers (Documents/Forms section of the
   CSDE's Crediting Foods in CACFP Adult Day Care Centers webpage):
   https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Adult-Day-Care-
   Centers/Documents#StandardizedRecipes
Standardized Recipes in CACFP Child Care Programs (Documents/Forms section of the CSDE's
   Crediting Foods in CACFP Child Care Programs webpage):
   https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Child-Care-Programs/
   Documents#StandardizedRecipes
USDA Memo CACFP 17-2017: Documenting Meals in the Child and Adult Care Food Program:
   https://www.fns.usda.gov/cacfp/documenting-meals-child-and-adult-care-food-program
USDA Memo TA-2010 (v.3): Guidance for Accepting Processed Product Documentation for Meal
   Pattern Requirements:
   https://fns-prod.azureedge.net/sites/default/files/resource-files/TA07-2010v3os.pdf
Using Child Nutrition (CN) Labels in the CACFP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/
   Using_CN_labels_CACFP.pdf
Using Product Formulation Statements in the CACFP (CSDE):
   http://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/
   Using_Product_Formulation_Statements_CACFP.pdf
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Yield Study Form for Child Nutrition Programs (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Crediting/Yield_Study_Form.pdf.

Fruits Component

Bite Size: Meeting the CACFP Meal Patterns for Children: Module 5: Fruits Component (CSDE webinar)

https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-Resources#BiteSize

Crediting Juice in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Credit_Juice_CACFP.pdf

Crediting Smoothies in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Credit_Smoothies_CACFP.pdf

Food Buying Guide Section 3: Overview of Crediting Requirements for the Fruits Component (USDA):

https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section3_Fruits.pdf

Food Buying Guide Section 3: Yield Table for Fruits (USDA):

https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section3_FruitsYieldTable.pdf

Fruits Component for CACFP Adult Day Care Centers (Documents/Forms section of the CSDE's Crediting Foods in CACFP Adult Day Care Centers webpage):

https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Adult-Day-Care-Centers/Documents#Fruits

Fruits Component for CACFP Child Care Programs (Documents/Forms section of the CSDE's Crediting Foods in CACFP Child Care Programs webpage):

https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Child-Care-Programs/Documents#Fruits

Product Formulation Statement for Documenting Vegetables and Fruits in the Child and Adult Care Food Program, Summer Food Service Program, and NSLP Afterschool Snacks USDA): https://fns-prod.azureedge.net/sites/default/files/resource-files/ PFS_Document_Total_Veg_Fruits.pdf

USDA Memo CACFP 09-2017: Vegetable and Fruit Requirements in the Child and Adult Care Food Program; Questions and Answers:

https://www.fns.usda.gov/cacfp/vegetable-and-fruit-requirements-cacfp-qas

USDA Memo SP 40-2019, CACFP 17-2019 and SFSP 17-2019: Smoothies Offered in Child Nutrition Programs:

https://www.fns.usda.gov/cn/smoothies-offered-child-nutrition-programs

Webinar: Crediting Vegetable Noodles and Coconut in the Child Nutrition Programs (USDA): https://www.fns.usda.gov/tn/crediting-vegetable-noodles-and-coconut-child-nutrition-programs

Grains Component

Adding Whole Grains to Your CACFP Menu – Handouts, training slides, and webinars in English and Spanish (USDA):

https://www.fns.usda.gov/tn/adding-whole-grains-your-cacfp-menu

Bite Size: Meeting the CACFP Meal Patterns for Children: Module 7A: Grains Component Crediting Requirements (CSDE webinar)

https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-Resources#BiteSize

Bite Size: Meeting the CACFP Meal Patterns for Children: Module 7B: Grains Component Whole Grain-rich Requirement (CSDE webinar)

https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-Resources#BiteSize

Bite Size: Meeting the CACFP Meal Patterns for Children: Module 7C: Grains Component Ounce Equivalents (CSDE webinar)

https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-Resources#BiteSize

CACFP Adult Center Worksheet 1: Crediting Commercial Grain in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/

CACFP_Adult_Centers_Worksheet1_Crediting_Commerical_Grains.xlsx

CACFP Adult Center Worksheet 2: Crediting Ready-to-eat Breakfast Cereals in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/

CACFP_Adult_Centers_Worksheet2_Crediting_RTE_Breakfast_Cereals.xlsx

CACFP Adult Center Worksheet 3: Crediting Cooked Breakfast Cereals in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/

CACFP_Adult_Centers_Worksheet3_Crediting_Cooked_Cereals.xlsx

CACFP Adult Center Worksheet 4: Crediting Family-size Recipes for Grains in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/

CACFP_Adult_Centers_Worksheet4_Crediting_Grains_Family_Size_Recipes.xlsx

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CACFP Adult Center Worksheet 5: Crediting Quantity Recipes for Grains in the CACFP
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/
   CACFP_Adult_Centers_Worksheet5_Crediting_Grains_Quantity_Recipes.xlsx
CACFP Child Care Worksheet 1: Crediting Commercial Grain in the CACFP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/
   CACFP_Child_Care_Worksheet1_Crediting_Commerical_Grains.xlsx
CACFP Child Care Worksheet 2: Crediting Ready-to-eat Breakfast Cereals in the CACFP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/
   CACFP_Child_Care_Worksheet2_Crediting_RTE_Breakfast_Cereals.xlsx
CACFP Child Care Worksheet 3: Crediting Cooked Breakfast Cereals in the CACFP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/
   CACFP_Child_Care_Worksheet3_Crediting_Cooked_Cereals.xlsx
CACFP Child Care Worksheet 4: Crediting Family-size Recipes for Grains in the CACFP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/
   CACFP_Child_Care_Worksheet4_Crediting_Grains_Family_Size_Recipes.xlsx
CACFP Child Care Worksheet 5: Crediting Quantity Recipes for Grains in the CACFP
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/
   CACFP_Child_Care_Worksheet5_Crediting_Grains_Quantity_Recipes.xlsx
Calculating Sugar Limits for Breakfast Cereals in the CACFP – Handouts in English and Spanish
   (USDA):
   https://www.fns.usda.gov/tn/calculating-sugar-limits-breakfast-cereals-cacfp
Calculation Methods for Grain Ounce Equivalents in the CACFP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/
   Grain_Calculation_CACFP_Oz_Eq.pdf
Choose Breakfast Cereals that are Lower in Sugar – Handouts, training slides, and webinars in
   English and Spanish (USDA):
   https://www.fns.usda.gov/tn/choose-breakfast-cereals-are-lower-sugar
Crediting Breakfast Cereals in the CACFP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Credit_Cereals_CACFP.pdf
Crediting Enriched Grains in the CACFP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/
   Credit_Enriched_Grains_CACFP.pdf
Crediting Single-Serving Packages of Grains in the CACFP – Handouts in English and Spanish (USDA):
   https://www.fns.usda.gov/tn/crediting-single-serving-packages-grains-cacfp
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Crediting Whole Grains in the CACFP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/
   Credit_Whole_Grains_CACFP.pdf
Determining Ounce Equivalents of Grains in CACFP Recipes – Handout in English and Spanish
   (USDA):
   https://www.fns.usda.gov/tn/determining-ounce-equivalents-grains-cacfp-recipes
Exhibit A Grains Tool (USDA's Food Buying Guide for Child Nutrition Programs):
   https://foodbuyingguide.fns.usda.gov/ExhibitATool/Index
Exhibit A Grains Tool to the Rescue (USDA webinar):
   https://www.fns.usda.gov/tn/exhibit-grains-tool-rescue
Exhibit A: Grain Requirements for Child Nutrition Programs (USDA):
   https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/ExhibitA.pdf
Food Buying Guide Exhibit A Grains Tool (USDA):
   https://foodbuyingguide.fns.usda.gov/ExhibitATool/Index
Food Buying Guide Section 4: Overview of Crediting Requirements for the Grains Component
   (USDA):
   https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section4_Grains.pdf
Food Buying Guide Section 4: Yield Table for Grains (USDA):
   https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section4_GrainsYield
   Table.pdf
Grain Ounce Equivalents for the CACFP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Grain_Oz_Eq_CACFP.pdf
Grain-based Desserts in the CACFP – Handouts and webinars in English and Spanish (USDA):
   https://www.fns.usda.gov/tn/grain-based-desserts-cacfp
Grains Component for CACFP Adult Day Care Centers (Documents/Forms section of the
   CSDE's Crediting Foods in CACFP Adult Day Care Centers webpage):
   https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Adult-Day-Care-
   Centers/Documents#Grains
Grains Component for CACFP Child Care Programs (Documents/Forms section of the CSDE's
   Crediting Foods in CACFP Child Care Programs webpage):
   https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Child-Care-
   Programs/Documents#Grains
How to Identify Creditable Grains for the CACFP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/
   Identify_Creditable_Grains_CACFP.pdf
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How to Maximize the Exhibit A Grains Tool (USDA webinar):

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https://www.fns.usda.gov/tn/how-maximize-exhibit-grains-tool
How to Spot Whole Grain-Rich Foods for the CACFP – Handouts in English and Spanish (USDA):
   https://www.fns.usda.gov/tn/how-spot-whole-grain-rich-foods-cacfp
Identifying Whole Grain-rich Foods for the CACFP – Handouts and webinars in English and Spanish
   (USDA):
   https://www.fns.usda.gov/tn/identifying-whole-grain-rich-foods-cacfp
Is My Recipe Whole Grain-Rich in the CACFP? – Handouts in English and Spanish (USDA):
   https://www.fns.usda.gov/tn/my-recipe-whole-grain-rich-cacfp
Meeting the Whole Grain-rich Requirement for the CACFP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/
   WGR_Requirement_CACFP.pdf
Product Formulation Statement for Documenting Grains in Child Nutrition Programs
   (USDA):
   https://www.fns.usda.gov/sites/default/files/resource-files/
   PFS_Grains_Oz_Eq_Fillable_508.pdf
Product Formulation Statement for Documenting Grains in Child Nutrition Programs
   – Completed Sample (USDA):
   https://www.fns.usda.gov/sites/default/files/resource-files/
   PFS_Example_Grains_Oz_Eq.pdf
Recipe Analysis Workbook (USDA's Food Buying Guide for Child Nutrition Programs):
   https://www.fns.usda.gov/tn/food-buying-guide-interactive-web-based-tool
USDA Final Rule (84 FR 50287): Delayed Implementation of Grains Ounce Equivalents in the
   Child and Adult Care Food Program:
   https://www.federalregister.gov/documents/2019/09/25/2019-20808/delayed-
   implementation-of-grains-ounce-equivalents-in-the-child-and-adult-care-food-program
USDA Memo CACFP 09-2018: Grain Requirements in the Child and Adult Care Food Program;
   Questions and Answers:
   https://www.fns.usda.gov/cacfp/grain-requirements-cacfp-questions-and-answers
USDA Memo CACFP 16-2017: Grain-Based Desserts in the Child and Adult Care Food Program:
   https://www.fns.usda.gov/cacfp/grain-based-desserts-child-and-adult-care-food-program
USDA Memo SP 23-2019, CACFP 10-2019 and SFSP 09-2019: Crediting Popcorn in the Child
   Nutrition Programs:
   https://www.fns.usda.gov/cn/crediting-popcorn-child-nutrition-programs
USDA Memo SP 34-2019, CACFP 15-2019 and SFSP 15-2019: Crediting Coconut, Hominy, Corn
   Masa, and Masa Harina in the Child Nutrition Programs:
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https://www.fns.usda.gov/cn/crediting-coconut-hominy-corn-masa-and-masa-harina-child-nutrition-programs

Using Ounce Equivalents for Grains in the CACFP – *Handouts in English and Spanish* (USDA): https://www.fns.usda.gov/tn/using-ounce-equivalents-grains-cacfp

Using the WIC Food Lists to Identify Grains for the CACFP – Handouts and webinars in English and Spanish (USDA):

https://www.fns.usda.gov/tn/using-wic-food-lists-identify-grains-cacfp

Infant Meal Pattern

Accepting/Rejecting Infant Formula in the CACFP (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Infants/

Accepting_Rejecting_Infant_Formula_CACFP.pdf

Accepting/Rejecting Infant Formula in the CACFP (Spanish): Aceptar/rechazar formula para infantes del Programa de Alimentos para el Cuidado de Niños y Adultos (CACFP) (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Infants/FormulaForm_Spanish.pdf

CACFP Infant Meal Pattern (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Infants/Infant_Meal_Pattern.pdf

CACFP Trainer's Tools: Feeding Infants (USDA):

https://www.fns.usda.gov/tn/feeding-infants-cacfp-trainers-tools

Crediting Store-Bought Combination Baby Foods in the CACFP (USDA):

https://www.fns.usda.gov/tn/crediting-store-bought-combination-baby-foods-cacfp

Feeding Infants in CACFP Child Care Programs (CSDE webpage):

https://portal.ct.gov/SDE/Nutrition/Feeding-Infants-in-CACFP-Child-Care-Programs

Feeding Infants in the Child and Adult Care Food Program (Spanish): Alimentación de Bebés en el Programa de Alimentos para el Cuidado de Niños y Adultos (USDA):

https://fns-prod.azureedge.net/sites/default/files/resource-files/FeedingInfants-full-sp_r2.pdf

Feeding Infants in the Child and Adult Care Food Program (USDA):

https://www.fns.usda.gov/tn/feeding-infants-child-and-adult-care-food-program

Feeding Infants Using Ounce Equivalents for Grains in the CACFP (USDA):

https://www.fns.usda.gov/tn/feeding-infants-using-ounce-equivalents-grains-cacfp

Infant Menu Form for Five days (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Infants/

Infant_Menu_Form_CACFP_5day.docx

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Infant Menu Form for Seven days (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Infants
   /Infant_Menu_Form_CACFP_7day.docx
Nutrition Standards for CACFP Meals and Snacks (USDA):
   https://www.fns.usda.gov/cacfp/meals-and-snacks
Updated Child and Adult Care Meal Patterns: Infant Meals (Spanish): Patrón de comidas actualizado
   del programa de comidas para niños y adultos: Comidas para bebés (USDA):
   https://fns-prod.azureedge.net/sites/default/files/cacfp/CACFP_InfantMealPattern_
   FactSheet_SPANISH_V2.pdf
Updated Child and Adult Care Meal Patterns: Infant Meals (USDA):
   https://fns-prod.azureedge.net/sites/default/files/cacfp/
   CACFP_InfantMealPattern_FactSheet_V2.pdf
USDA Memo CACFP 02-2018: Feeding Infants and Meal Pattern Requirements in the Child and
   Adult Care Food Program; Questions and Answers:
   https://www.fns.usda.gov/cacfp/feeding-infants-and-meal-pattern-requirements-child-and-
   adult-care-food-program-questions-1
Meal Modifications for Special Diets
Accommodating Special Diets in CACFP Adult Day Care Centers (CSDE guide):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/
   Guide_Special_Diets_CACFP_Adults.pdf
Accommodating Special Diets in CACFP Child Care Programs (CSDE guide):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/
   Guide_Special_Diets_CACFP.pdf
Action Planning Form (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/SpecDiet/
   Action_Planning_Form.docx
Allowable Milk Substitutes for Adult Participants without Disabilities in the CACFP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/
   Milk_Substitutes_CACFP_Adults.pdf
Allowable Milk Substitutes for Children without Disabilities in the CACFP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/
   Milk_Substitutes_CACFP.pdf
CSDE Operational Memorandum No. 2A-18: Requirements for Meal Modifications in CACFP
   Adult Day Care Centers:
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Memos/OM2018/OM02A18.pdf
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CSDE Operational Memorandum No. 2C-18 and 2H-18: Requirements for Meal Modifications in CACFP Child Care Programs:

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Memos/OM2018/OM02C18_02H18.pdf

Guidance and Instructions for the Medical Statement for Meal Modifications in CACFP Adult Day Care Centers (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Adult_Medical_Statement_CACFP_Instructions.pdf

Guidance and Instructions for the Medical Statement for Meal Modifications in CACFP Child Care Programs (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Medical_Statement_CACFP_Instructions.pdf

Guidance and Instructions for the Medical Statement for Meal Modifications in CACFP Child Care Programs (Spanish): Orientación e instrucciones para la declaración médica para modificaciones de alimentos en los programas de cuidado infantil del Programa de Alimentos para el Cuidado de Niños y Adultos (CACFP) (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Medical_Statement_CACFP_Spanish_Instructions.pdf

Guidance and Instructions for the Medical Statement for Meal Modifications in CACFP Adult Day Care Centers (Spanish): Orientación e instrucciones para la declaración médica para modificaciones de alimentos en los centros de cuidado diurno para adultos del Programa de Alimentos para el Cuidado de Niños y Adultos (CACFP) (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Adult_Medical_Statement_CACFP_Spanish_Instructions.pdf

Medical Statement for Meal Modifications in CACFP Adult Day Care Centers (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Adult_Medical_Statement_CACFP.pdf

Medical Statement for Meal Modifications in CACFP Adult Day Care Centers (Spanish):

Declaración médica para modificaciones de alimentos en los centros de cuidado diurno para adultos del Programa de Alimentos para el Cuidado de Niños y Adultos (CACFP) (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/
Adult_Medical_Statement_CACFP_Spanish.pdf

Medical Statement for Meal Modifications in CACFP Child Care Programs (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/

Medical_Statement_CACFP.pdf

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Medical Statement for Meal Modifications in CACFP Child Care Programs (Spanish): Declaración
   médica para modificaciones de alimentos en los programas de cuidado infantil del Programa de
   Alimentos para el Cuidado de Niños y Adultos (CACFP) (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/
   Medical_Statement_CACFP_Spanish.pdf
Medical Statements for CACFP Adult Day Care Centers ("Documents/Forms" section of CSDE's
   Special Diets in CACFP Adult Day Care Centers webpage):
   https://portal.ct.gov/SDE/Nutrition/Special-Diets-in-CACFP-Adult-Day-Care-
   Centers/Documents#MedicalStatements
Medical Statements for CACFP Child Care Programs ("Documents/Forms" section of CSDE's
   Special Diets in CACFP Child Care Programs webpage):
   https://portal.ct.gov/SDE/Nutrition/Special-Diets-in-CACFP-Child-Care-
   Programs/Documents#MedicalStatements
Requirements for Meal Modifications in CACFP Adult Day Care Centers (CSDE presentation):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/
   Meal_Modifications_CACFP_Adults_Presentation.pdf
Requirements for Meal Modifications in CACFP Child Care Programs (CSDE presentation):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/
   Meal_Modifications_CACFP_Presentation.pdf
Resource List for Special Diets in Child Nutrition Programs (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/Resources/Resources_Special_Diets.pdf
Resources for Special Diets in Child Nutrition Programs (CSDE):
   https://portal.ct.gov/SDE/Nutrition/Special-Diets-in-School-Nutrition-Programs/Documents
Sample Action Plan: Developing Policy for Meal Modifications in the CACFP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/
   Action_Policy_Special_Diets_CACFP.pdf
Sample Action Plan: Promoting Policy for Meal Modifications in the CACFP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/
   Action_Promote_Special_Diets_CACFP.pdf
Self-assessment of Adult Day Care Center Practices for Special Diets in the CACFP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/
   Assessment_Special_Diets_CACFP_Adults.pdf
Self-assessment of Child Care Practices for Special Diets in the CACFP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/
   Assessment_Special_Diets_CACFP.pdf
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Special Diets in CACFP Adult Day Care Centers (CSDE webpage):
   https://portal.ct.gov/SDE/Nutrition/Special-Diets-in-CACFP-Adult-Day-Care-Centers
Special Diets in CACFP Child Care Programs (CSDE webpage):
   https://portal.ct.gov/SDE/Nutrition/Special-Diets-in-CACFP-Child-Care-Programs
Summary of Requirements for Accommodating Special Diets for Adult Participants in the CACFP
   (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/
   Summary_Chart_Special_Diets_CACFP_Adults.pdf
Summary of Requirements for Accommodating Special Diets for Children in the CACFP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/
   Summary_Chart_Special_Diets_CACFP.pdf
USDA Memo CACFP 14-2017 and SFSP 10-2017: Modifications to Accommodate Disabilities in
   CACFP and SFSP:
   https://www.fns.usda.gov/modifications-accommodate-disabilities-cacfp-and-sfsp
USDA Memo CACFP 17-2016: Nutrition Requirements for Fluid Milk and Fluid Milk Substitutions
   in the CACFP, Q&As:
   https://www.fns.usda.gov/cacfp/nutrition-requirements-fluid-milk-and-fluid-milksubstitutions-
   cacfp-qas
Meal Patterns
Bite Size: Meeting the CACFP Meal Patterns for Children (CSDE Webinars):
   https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-
   Resources#BiteSize
CACFP Meal Pattern Posters (USDA):
   https://www.fns.usda.gov/tn/meal-pattern-posters-cacfp
CACFP Meal Pattern Training Slides (USDA):
   https://www.fns.usda.gov/tn/meal-pattern-training-slides-cacfp
CACFP Meal Pattern Training Tools (USDA):
   https://www.fns.usda.gov/cacfp-training-tools
CACFP Meal Pattern Training Worksheets (USDA):
   https://www.fns.usda.gov/tn/cacfp-meal-pattern-training-worksheets
CACFP Meal Patterns for Adults (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/
   Adult_Meal_Pattern_CACFP.pdf
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CACFP Meal Patterns for Children (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/
   CACFP_Meal_Pattern.pdf
Meal Pattern Requirements for CACFP Adult Day Care Centers (CSDE guide):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/
   Guide_CACFP_Meal_Patterns_Adults.pdf
Meal Pattern Requirements for CACFP Child Care Programs (CSDE guide):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/
   Guide_CACFP_Meal_Patterns.pdf
How Do They Compare? Child Nutrition Programs' Meal Pattern Requirements (USDA):
   https://portal.ct.gov/-/media/SDE/Nutrition/CNPMealPatternComparison.pdf
Meal Patterns for CACFP Adult Day Care Centers (CSDE webpage):
   https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Adult-Centers
Meal Patterns for CACFP Child Care Programs (CSDE webpage):
   https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs
Noncreditable Foods in CACFP Adult Day Care Centers (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/
   Noncredreditable_Foods_Adults_CACFP.pdf
Noncreditable Foods in CACFP Child Care Programs (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/
   Noncreditable_Foods_CACFP.pdf
Nutrition Standards for CACFP Meals and Snacks (USDA):
   https://www.fns.usda.gov/cacfp/meals-and-snacks
Updated Child and Adult Care Meal Patterns: Child and Adult Meals (USDA):
   https://fns-prod.azureedge.net/sites/default/files/cacfp/CACFP_MealBP.pdf
Updated Child and Adult Care Meal Patterns: Child and Adult Meals (Spanish): Patrón de comidas
   actualizado del programa de comidas para niños y adultos: Comidas para niños y adultos
   (USDA):
   https://fns-prod.azureedge.net/sites/default/files/cacfp/CACFP_MealPlan_Spanish.pdf
USDA Final Rule (81 FR 24347): CACFP Meal Pattern Revisions Related to the Healthy, Hunger-
   Free Kids Act of 2010:
   https://www.fns.usda.gov/cacfp/fr-042516
USDA Final Rule Correction (81 FR 75671): CACFP Meal Pattern Revisions Related to the
   HHFKA of 2010:
   https://www.federalregister.gov/documents/2016/11/01/2016-26339/child-and-adult-care-
   food-program-meal-pattern-revisions-related-to-the-healthy-hunger-free-kids-act
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USDA Memo CACFP 08-2017: Questions and Answers on the Updated Meal Pattern Requirements for the Child and Adult Care Food Program:

https://www.fns.usda.gov/cacfp/questions-and-answers-updated-meal-pattern-requirements-child-and-adult-care-food-program

Meal Service

Family Style Dining Guide: A Mealtime Approach for Early Care and Education Programs (Ohio Child Care Resource & Referral Association and The Nemours Foundation): https://occrra.org/wp-content/occrra/spec/spec-fsd.pdf

Meal Service in CACFP Adult Day Care Centers (Documents/Forms section of the CSDE's Meal Patterns for CACFP Adult Day Care Centers webpage):

https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Adult-Centers/Related-Resources#MealService

Meal Service in CACFP Child Care Programs (Documents/Forms section of the CSDE's Meal Patterns for CACFP Child Care Programs webpage):

https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-Resources#MealService

Offer versus Serve in At-risk Afterschool Centers in the CACFP (CSDE): https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/AtRisk/OVS_At_Risk_CACFP.pdf

Offer versus Serve in Adult Day Care Centers in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/OVS_Adult_CACFP.pdf

Offer Versus Serve in the CACFP – Handouts, training slides, and webinars in English and Spanish (USDA):

https://www.fns.usda.gov/tn/offer-versus-serve-cacfp

Support Family Style Meals (Supplement E from Nutrition and Wellness Tips for Young Children: Provider Handbook for the Child and Adult Care Food Program) (USDA): https://fns-prod.azureedge.net/sites/default/files/tn/Supplement_E.PDF

The Basic Guide to Family Style Dining – Part 1 (ICN):

https://theicn.org/resources/382/2013-mealtime-memos/106229/august-2013-the-basic-guide-to-family-style-dining-part-1.pdf

USDA Memo CACFP 05-17: Offer Versus Serve and Family Style Meals in the Child and Adult Care Food Program:

https://www.fns.usda.gov/cacfp/offer-versus-serve-and-family-style-meals-child-and-adult-care-food-program

Why You Should Serve Family Style (National CACFP Association):

https://www.cacfp.org/files/4415/3512/5506/Family_Style_Dining_Tips.pdf

Meat/Meat Alternates Component

Bite Size: Meeting the CACFP Meal Patterns for Children: Module 4: Meat/Meat Alternates Component (CSDE webinar)

https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-Resources#BiteSize

Calculating Sugar Limits for Yogurt in the CACFP – *Handouts in English and Spanish* (USDA): https://www.fns.usda.gov/tn/calculating-sugar-limits-yogurt-cacfp

Choose Yogurts that are Lower in Sugar – Handouts, training slides, and webinars in English and Spanish (USDA):

https://www.fns.usda.gov/tn/choose-yogurts-are-lower-sugar

Crediting Commercial Meat/Meat Alternate Products in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/

Credit_Commercial_MMA_CACFP.pdf

Crediting Deli Meats in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Credit_Deli_CACFP.pdf

Crediting Legumes in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Credit_Legumes_CACFP.pdf

Crediting Nuts and Seeds in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Credit_Nuts_Seeds_CACFP.pdf

Crediting Tofu and Tofu Products in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Credit_Tofu_CACFP.pdf

Crediting Yogurt in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Credit_Yogurt_CACFP.pdf

Food Buying Guide Section 1: Overview of Crediting Requirements for the Meat/Meat Alternates Component (USDA):

https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section1_MeatsAndMeatAlternates.pdf

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Food Buying Guide Section 1: Yield Table for Meat/Meat Alternates (USDA): 
https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section1_MeatsAndMeatAlternatesYieldTable.pdf
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Grab and Go Lesson: Defining Tofu and How It Credits in the CACFP (Institute of Child Nutrition):

https://theicn.org/resources/1538/nutrition-and-meal-management/120776/benefits-for-using-standardized-recipes-in-the-cacfp.pdf

Meat/Meat Alternates Component for CACFP Adult Day Care Centers (Documents/Forms section of the CSDE's Crediting Foods in CACFP Adult Day Care Centers webpage): https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Adult-Day-Care-Centers/Documents#MMA

Meat/Meat Alternates Component for CACFP Child Care Programs (Documents/Forms section of the CSDE's Crediting Foods in CACFP Child Care Programs webpage): https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Child-Care-Programs/Documents#MMA

Product Formulation Statement (Product Analysis) for Meat/Meat Alternate (M/MA) Products in Child Nutrition Programs (USDA):

https://fns-prod.azureedge.net/sites/default/files/resource-files/PFS_Document_ Meat_Meat_Alternate.pdf

Questions and Answers on Alternate Protein Products (APP) (USDA):

https://www.fns.usda.gov/questions-and-answers-alternate-protein-products-app

Requirements for Alternate Protein Products in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/APP_Requirements_CACFP.pdf

Reviewer's Checklist for Evaluating Manufacturer Product Formulation Statements for Meat/Meat Alternates (USDA):

https://fns-prod.azureedge.net/sites/default/files/reviewer_checklist.pdf

Serving Meat and Meat Alternates at Breakfast – Handouts, training slides, and webinars in English and Spanish (USDA):

https://www.fns.usda.gov/tn/serving-meats-and-meat-alternates-breakfast

Serving Meats and Meat Alternates at Lunch and Supper in the USDA CACFP – Handouts in English and Spanish (USDA):

https://www.fns.usda.gov/tn/serving-meats-meat-alternates-lunch-supper-cacfp

Tips for Evaluating a Manufacturer's Product Formulation Statement (USDA):

https://fns-prod.azureedge.net/sites/default/files/resource-files/manufacturerPFStipsheet.pdf

- USDA Memo SP 21-2019, CACFP 08-2019 and SFSP 07-2019: Crediting Shelf-Stable, Dried and Semi-Dried Meat, Poultry, and Seafood Products in the Child Nutrition Programs: https://www.fns.usda.gov/crediting-shelf-stable-dried-and-semi-dried-meat-poultry-and-seafood-products-child-nutrition
- USDA Memo SP 24-2019, CACFP 11-2019 and SFSP 10-2019: Crediting Surimi Seafood in the Child Nutrition Programs:
 - https://www.fns.usda.gov/cn/crediting-surimi-seafood-child-nutrition-programs
- USDA Memo SP 25-2019, CACFP 12-2019 and SFSP 11-2019: Crediting Tempeh in the Child Nutrition Programs:
 - https://www.fns.usda.gov/cn/crediting-tempeh-child-nutrition-programs
- USDA Memo SP 26-2019, CACFP 13-2019 and SFSP 12-2019: Crediting Pasta Products Made of Vegetable Flour in the Child Nutrition Programs:
 - https://www.fns.usda.gov/crediting-pasta-products-made-vegetable-flour-child-nutrition-programs
- USDA Memo SP 40-2019, CACFP 17-2019 and SFSP 17-2019: Smoothies Offered in the Child Nutrition Programs:
 - https://www.fns.usda.gov/cn/smoothies-offered-child-nutrition-programs
- USDA Memo SP 53-2016 and CACFP 21-2016: Crediting Tofu and Soy Yogurt Products in the School Meal Programs and the CACFP:
 - http://www.fns.usda.gov/crediting-tofu-and-soy-yogurt-products-school-meal-programs-and-cacfp
- Webinar: Additional Meat/Meat Alternates Options for CNPs: Crediting Tempeh and Surimi (USDA):
 - https://www.fns.usda.gov/tn/additional-meat-meat-alternate-tempeh-and-surimi
- Webinar: Moving Forward: Update on Food Crediting in Child Nutrition Programs with Guidance for Dried Meat Products (USDA):
 - https://www.fns.usda.gov/tn/moving-forward-update-food-crediting-dried-meat-products

Menu Planning

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Bite Size: Meeting the CACFP Meal Patterns for Children: Module 8: Menu Planning (CSDE
   webinar)
   https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-
   Resources#BiteSize
CACFP Adult Day Care Centers Menu Form for AM Snack, Lunch, and PM Snack (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/
   Adult_Menu_Form_CACFP_AM_snack_lunch_PM_snack.docx
CACFP Adult Day Care Centers Menu Form for Breakfast, Lunch and Snack (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/
   Adult_Menu_Form_CACFP_breakfast_lunch_snack.docx
CACFP Adult Day Care Centers Menu Form for Lunch and Snack (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/
   Adult_Menu_Form_CACFP_lunch_snack.docx
CACFP Best Practices (USDA):
   https://fns-prod.azureedge.net/sites/default/files/cacfp/CACFP_factBP.pdf
CACFP Menu Form for AM and PM Snack for Ages 1-2 (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/
   Menu_Form_CACFP_AM_PM_snack_ages_1-2.docx
CACFP Menu Form for AM and PM Snack for Ages 3-5 (CSDE):
   https:/portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/
   Menu_Form_CACFP_AM_PM_snack_ages_3-5.docx
CACFP Menu Form for AM Snack, Lunch, and PM Snack for Ages 3-5 (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/
   Menu_Form_CACFP_AM_snack_lunch_PM_snack_ages_3-5.docx
CACFP Menu Form for AM, PM, and Evening Snack for Ages 6-18 in Emergency Shelters (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/
   Menu_Form_CACFP_Shelter_AM_PM_evening_snack_ages_6-18.docx
CACFP Menu Form for At-risk Snack and Supper for Ages 6-18 (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/
   Menu_Form_CACFP_At_Risk_snack_supper_2weeks_ages_6-18.docx
CACFP Menu Form for At-risk Snack for Ages 6-18 (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/
   Menu_Form_CACFP_At_Risk_snack_2_weeks_ages_6-18.docx
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CACFP Menu Form for Breakfast and PM Snack for Ages 3-5 (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/
   Menu_Form_CACFP_breakfast_snack_ages_3-5.docx
CACFP Menu Form for Breakfast and PM Snack for Ages 6-12 (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/
   Menu_Form_CACFP_breakfast_snack_ages_6-12.docx
CACFP Menu Form for Breakfast, AM Snack, and PM Snack for Ages 3-5 (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm
   /Menu_Form_CACFP_breakfast_AM_snack_PM_snack_ages_3-5.docx
CACFP Menu Form for Breakfast, Lunch, and Snack for Ages 1-2 (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/
   Menu_Form_CACFP_breakfast_lunch_snack_ages_1-2.docx
CACFP Menu Form for Breakfast, Lunch, and Snack for Ages 3-5 (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/
   Menu_Form_CACFP_breakfast_lunch_snack_ages_3-5.docx
CACFP Menu Form for Breakfast, Lunch, and Snack for Ages 6-12 (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/
   Menu Form CACFP breakfast lunch snack ages 6-12.docx
CACFP Menu Form for Breakfast, Lunch, and Supper for Ages 1-2. 3-5, and 6-18 in Emergency
   Shelters (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/
   Menu_Form_CACFP_Shelter_breakfast_lunch_supper_ages_1-2_3-5_6-18.docx
CACFP Menu Form for Breakfast, Lunch, and Supper for Ages 6-18 in Emergency Shelters
   (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/
   Menu_Form_CACFP_Shelter_breakfast_lunch_supper_ages_6-18.docx
CACFP Menu Form for Two weeks of At-risk Supper for Ages 6-18 (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/
   Menu_Form_CACFP_At_Risk_supper_2weeks_ages_6-18.docx
CACFP Menu Form for Two Weeks of Snack for Ages 3-5 (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/MenuForm/
   Menu_Form_CACFP_snack_2_weeks_ages_3-5.docx
Choking Prevention (CSDE's Food Safety for Child Nutrition Programs webpage):
   https://portal.ct.gov/SDE/Nutrition/Food-Safety-for-Child-Nutrition-
   Programs/Documents#ChokingPrevention
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Menu Forms for CACFP Adult Day Care Centers (Documents/Forms section of the CSDE's Meal Patterns for CACFP Adult Day Care Centers):
 https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Adult-Centers/Documents#MenuForms

 Menu Forms for CACFP Child Care Programs (Documents/Forms section of the CSDE's Meal Patterns for CACFP Child Care Programs webpage:
 https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Documents#MenuForms

Menu Planning for CACFP Adult Day Care Centers (Documents/Forms section of the CSDE's Meal Patterns for CACFP Adult Day Care Centers webpage):
https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Adult-Centers/Related-Resources#MenuPlanning

Menu Planning for CACFP Child Care Programs (Documents/Forms section of the CSDE's Meal

https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-Resources#MenuPlanning

Menu Planning for Child Nutrition Programs (CSDE):

https://portal.ct.gov/SDE/Nutrition/Menu-Planning

Patterns for CACFP Child Care Programs webpage):

Methods for Healthy Cooking – Handouts, training slides, and webinars in English and Spanish (USDA):

https://www.fns.usda.gov/tn/methods-healthy-cooking

Planning Healthy Meals in CACFP Child Care Programs (Documents/Forms section of the CSDE's Crediting Foods in CACFP Child Care Programs webpage):

https://portal.ct.gov/SDE/Nutrition/Planning-Healthy-Meals-CACFP-Child-Care-Programs

Reducing the Risk of Choking in Young Children at Mealtimes (USDA):

https://www.fns.usda.gov/tn/reducing-risk-choking-young-children-mealtimes

Reducing the Risk of Choking in Young Children at Mealtimes (USDA):

https://www.fns.usda.gov/tn/reducing-risk-choking-young-children-mealtimes

Resource List for Menu Planning and Food Production in Child Nutrition Programs (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/Resources/ResourcesMenuPlanning.pdf

Sample Cold Breakfast Menus for CACFP Adult Day Care Centers:

http://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/Adult_Menu_CACFP_Breakfast_Cold.pdf

Sample Cold Breakfast Menus for CACFP Child Care Centers and Homes (CSDE):

http://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/Menu_CACFP_Breakfast_Cold.pdf

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Sample Cold Lunch and Supper Menus for CACFP Adult Day Care Centers (CSDE):
   http://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/
   Adult_Menu_CACFP_Lunch_Cold.pdf
Sample Cold Lunch and Supper Menus for CACFP Child Care Centers and Homes (CSDE):
   http://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/
   Menu_CACFP_Lunch_Cold.pdf
Sample Hot Breakfast Menus for CACFP Adult Day Care Centers (CSDE):
   http://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/
   Adult_Menu_CACFP_Breakfast_Hot.pdf
Sample Hot Breakfast Menus for CACFP Child Care Centers and Homes (CSDE):
   http://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/
   Menu_CACFP_Breakfast_Hot.pdf
Sample Hot Lunch and Supper Menus for CACFP Adult Day Care Centers (CSDE):
   http://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/
   Adult_Menu_CACFP_Lunch_Hot.pdf
Sample Hot Lunch and Supper Menus for CACFP Child Care Centers and Homes (CSDE):
   http://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/
   Menu_CACFP_Lunch_Hot.pdf
Sample Menus for CACFP Adult Day Care Centers (Documents/Forms section of the CSDE's
   Meal Patterns for CACFP Adult Day Care Centers webpage):
   https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Adult-
   Centers/Documents#SampleMenus
Sample Menus for CACFP Child Care Programs (Documents/Forms section of the CSDE's Meal
   Patterns for CACFP Child Care Programs webpage):
   https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-
   Programs/Documents#SampleMenus
Sample Snack Menus for CACFP Adult Day Care Centers (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/adultmenusnack.pdf
Sample Snack Menus for CACFP Child Care Centers and Homes (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/menusnackCACFP.pdf
Serving Snacks in the CACFP (USDA):
   https://www.fns.usda.gov/tn/serving-snacks-cacfp
Using the Nutrition Facts Label in the CACFP (USDA):
   https://www.fns.usda.gov/tn/using-nutrition-facts-label-cacfp
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Milk Component

Bite Size: Meeting the CACFP Meal Patterns for Children: Module 1: Milk Component (CSDE webinar)

https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-Resources#BiteSize

Allowable Milk Substitutes for Adult Participants without Disabilities in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Milk_Substitutes_CACFP_Adults.pdf

Allowable Milk Substitutes for Children without Disabilities in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/SpecDiet/Milk_Substitutes_CACFP.pdf

Food Buying Guide Section 5: Overview of Crediting Requirements for the Milk Component (USDA):

https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section5_Milk.pdf

Food Buying Guide Section 5: Yield Table for Milk (USDA):

https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section5_MilkYieldTable.pdf

Milk Component for CACFP Adult Day Care Centers (Documents/Forms section of the CSDE's Crediting Foods in CACFP Adult Day Care Centers webpage):

https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Adult-Day-Care-Centers/Documents#Milk

Milk Component for CACFP Child Care Programs (Documents/Forms section of the CSDE's Crediting Foods in CACFP Child Care Programs webpage):

https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Child-Care-Programs/Documents#Milk

Serving Milk in the CACFP – Handouts, training slides, and webinars in English and Spanish (USDA):

https://www.fns.usda.gov/tn/serving-milk-cacfp

USDA Memo SP 07-2010, CACFP 04-2010 and SFSP 05-2010: Questions and Answers: Fluid Milk Substitutions:

https://www.fns.usda.gov/qas-milk-substitution-children-medical-or-special-dietary-needs-non-disability

Product Formulation Statements

Product Formulation Statement (Product Analysis) for Meat/Meat Alternate (M/MA) Products in Child Nutrition Programs (USDA):

https://fns-prod.azureedge.net/sites/default/files/resource-files/PFS_Document_Meat_Meat_Alternate.pdf

Product Formulation Statement for Documenting Grains in Child Nutrition Programs (USDA):

https://fns-prod.azureedge.net/sites/default/files/resource-files/PFS_Document_Grains_oz_eq.pdf

Product Formulation Statement for Documenting Grains in Child Nutrition Programs – Completed Sample (USDA):

https://fns-prod.azureedge.net/sites/default/files/resource-files/PFS_Sample_oz_eq.pdf

Product Formulation Statement for Documenting Vegetables and Fruits in the Child and Adult Care Food Program, Summer Food Service Program, and NSLP Afterschool Snacks (USDA):

https://fns-prod.azureedge.net/sites/default/files/resource-files/PFS_Document_Total_Veg_Fruits.pdf

Reviewer's Checklist for Evaluating Manufacturer Product Formulation Statements for Meat/Meat Alternates (USDA):

https://fns-prod.azureedge.net/sites/default/files/reviewer_checklist.pdf

Tips for Evaluating a Manufacturer's Product Formulation Statement (USDA):

https://fns-prod.azureedge.net/sites/default/files/resource-files/manufacturerPFStipsheet.pdf

Using Product Formulation Statements in the CACFP (CSDE):

http://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/

Using_Product_Formulation_Statements_CACFP.pdf

Production Records

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CACFP Adult Day Care Centers Production Record for AM Snack, Lunch, and PM Snack (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/
   Adult_Production_Record_CACFP_AM_snack_lunch_PM_snack.docx
CACFP Adult Day Care Centers Production Record for Breakfast, Lunch, and Snack (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/
   Adult_Production_Record_CACFP_breakfast_lunch_snack.docx
CACFP Adult Day Care Centers Production Record for Lunch and Snack (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/
   Adult_Production_Record_CACFP_lunch_snack.docx
CACFP Adult Day Care Centers Production Record for Meal Pattern Components (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/
   Adult_Production_Record_CACFP_components.docx
CACFP Child Care Production Record for AM Snack and PM Snack (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/
   Production_Record_CACFP_AM_snack_PM_snack.docx
CACFP Child Care Production Record for AM Snack, Lunch, and PM Snack (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/
   Production_Record_CACFP_AM_snack_lunch_PM_snack.docx
CACFP Child Care Production Record for AM, PM, and Evening Snack in Emergency Shelter
   (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/
   Production_Record_CACFP_shelter_snack.docx
CACFP Child Care Production Record for At-Risk Snack and Supper (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/
   Production_Record_CACFP_At_Risk_snack_supper.docx
CACFP Child Care Production Record for Breakfast and PM Snack (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/
   Production_Record_CACFP_breakfast_PM_snack.docx
CACFP Child Care Production Record for Breakfast, AM Snack, and PM Snack (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/
   Production_Record_CACFP_breakfast_AM_snack_PM_snack.docx
CACFP Child Care Production Record for Breakfast, Lunch, and Snack (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/
   prCAFCP_breakfastlunchsnack.docx
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CACFP Child Care Production Record for Breakfast, Lunch, and Supper in Emergency Shelters
   (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/
   Production_Record_CACFP_shelter_breakfast_lunch_supper.docx
CACFP Child Care Production Record for Meal Pattern Components (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/
   Production_Record_CACFP_components.docx
Production Records for CACFP Adult Day Care Centers (Documents/Forms section of the
   CSDE's Meal Patterns for CACFP Adult Day Care Centers):
   https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Adult-
   Centers/Documents#ProductionRecords
Production Records for CACFP Child Care Programs (Documents/Forms section of the CSDE's
   Meal Patterns for CACFP Child Care Programs):
   https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Adult-
   Centers/Documents#ProductionRecords
Using Production Records in the CACFP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Forms/ProdRecord/
   Using_Production_Records_CACFP.pdf
Vegetables Component
Bite Size: Meeting the CACFP Meal Patterns for Children: Module 5: Vegetables Component
   (CSDE webinar)
   https://portal.ct.gov/SDE/Nutrition/Meal-Patterns-CACFP-Child-Care-Programs/Related-
   Resources#BiteSize
Crediting Juice in the CACFP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/
   Credit_Juice_CACFP.pdf
Crediting Legumes in the CACFP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/
   Credit_Legumes_CACFP.pdf
Crediting Smoothies in the CACFP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/
   Credit_Smoothies_CACFP.pdf
Crediting Soups in the CACFP (CSDE):
   https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Credit_Soups_CACFP.pdf
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Food Buying Guide Section 2: Overview of Crediting Requirements for the Vegetables Component (USDA):

https://foodbuyingguide.fns.usda.gov/Content/TablesFBG/USDA_FBG_Section2_Vegetables.pdf

Food Buying Guide Section 2: Yield Table for Vegetables (USDA):

https://foodbuyingguide.fns.usda.gov/files/Reports/USDA_FBG_Section2_Vegetables YieldTable.pdf

Product Formulation Statement for Documenting Vegetables and Fruits in the Child and Adult Care Food Program, Summer Food Service Program, and NSLP Afterschool Snacks USDA):

https://fns-prod.azureedge.net/sites/default/files/resource-files/PFS_Document_Total_Veg_Fruits.pdf

Serving Vegetables in the CACFP (USDA webpage):

https://www.fns.usda.gov/tn/serving-vegetables-cacfp

USDA Memo CACFP 09-2017: Vegetable and Fruit Requirements in the Child and Adult Care Food Program; Questions and Answers:

https://www.fns.usda.gov/cacfp/vegetable-and-fruit-requirements-cacfp-qas

USDA Memo SP 26-2019, CACFP 13-2019 and SFSP 12-2019: Crediting Pasta Products Made of Vegetable Flour in the Child Nutrition Programs:

https://www.fns.usda.gov/cn/crediting-pasta-products-made-vegetable-flour-child-nutrition-programs

USDA Memo SP 40-2019, CACFP 17-2019 and SFSP 17-2019: Smoothies Offered in Child Nutrition Programs:

https://www.fns.usda.gov/cn/smoothies-offered-child-nutrition-programs

Vegetable Subgroups in the CACFP (CSDE):

https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/Crediting/Vegetable_Subgroups_CACFP.pdf

Vegetables Component for CACFP Adult Day Care Centers (Documents/Forms section of the CSDE's Crediting Foods in CACFP Adult Day Care Centers webpage):

https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Adult-Day-Care-Centers/Documents#Vegetables

Vegetables Component for CACFP Child Care Programs (Documents/Forms section of the CSDE's Crediting Foods in CACFP Child Care Programs webpage):

https://portal.ct.gov/SDE/Nutrition/Crediting-Foods-in-CACFP-Child-Care-Programs/Documents#Vegetables

Webinar: Crediting Vegetable Noodles and Coconut in the Child Nutrition Programs (USDA): https://www.fns.usda.gov/tn/crediting-vegetable-noodles-and-coconut-child-nutrition-programs

Water Availability

- Grab and Go Lesson: Offering and Making Water Available in Child Care (ICN): https://theicn.org/resources/1538/nutrition-and-meal-management/117771/offering-and-making-water-available-in-child-care.pdf
- Offering Water in the USDA Child and Adult Care Food Program (USDA): https://www.fns.usda.gov/tn/offering-water-cacfp
- USDA Memo CACFP 18-2016: Water Availability in the Child and Adult Care Food Program: https://www.fns.usda.gov/cacfp/water-availability-child-and-adult-care-food-program
- USDA Memo CACFP 20-2016: Resources for Making Potable Water Available in Schools and Child Care Facilities:
 - https://www.fns.usda.gov/cn/resources-making-potable-water-available-schools-and-child-care-facilities-0



For more information, visit the CSDE's Meal Patterns for CACFP Child Care Programs and Crediting Foods in CACFP Child Care Programs webpages, or Meal Patterns for CACFP Adult Day Care Centers and Crediting Foods in CACFP Adult Day Care Centers webpages; or contact the CACFP staff in the CSDE's Bureau of Health/Nutrition, Family Services and Adult Education, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841

This document is available at https://portal.ct.gov/-/media/SDE/Nutrition/CACFP/MealPattern/Resources_CACFP_Meal_Patterns.pdf.

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- (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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